MIDDAY PRAYER

Draw us into Your love, Christ Jesus: and deliver us from fear.

Lord, make me an instrument of Your peace. Where there is hatred let me bring love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy; O Divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever.

Amen.

Make us worthy, Lord, to serve our brothers ans sisters throughout the world, who live and die in poverty and pain. Give them today, through our hands, their daily bread; and through our understanding love, give peace and joy. Amen.

Come, Holy Spirit. We pray that Your fruit would be in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Dear Jesus, help us to spread Your fragrance everywhere we go.

Soul of Christ, sanctfy me; body of Christ, save me; blood of Christ, inebriate me; water from the side of Christ, wash me; passion of Christ, strengthen me. O good Jesus, hear me; within Your wounds hide me; suffer me not to be separated from You; from the malicious enemy defend me; in the hour of my death call me; and bid me come to You that with Your saints I may praise You forever and ever. Amen.

Through our lives and by our prayers: may Your kingdom come.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.